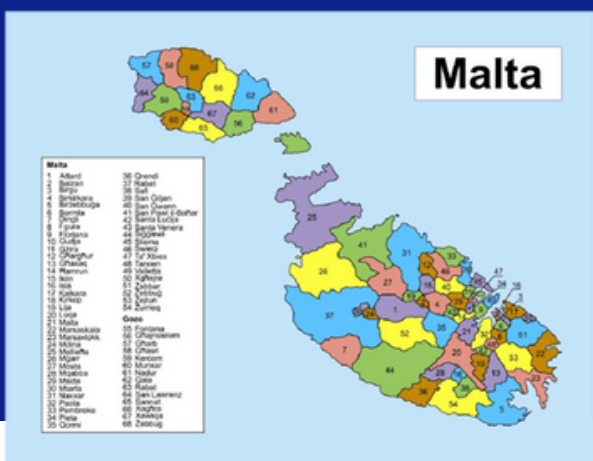


HEALTH4EUKIDS

NEWSLETTER

Malta

Ministry for Health and Active Ageing – Government of Malta (MFH) with Hamrun Northern Harbour District in WP5: Grunau Moves



Co-funded by the European Union

HEALTH4EUkids
Your Kids' Health, Our Priority



Health and Digital Executive Agency

Characteristics

- SGPC Hamrun SS & GP Primary Schools
- Socioeconomic indicators
- Opportunity indicators
- Health indicators

Core Group:

- Mayor/executive local council secretary
- Senior Social worker
- Priest
- Persons teaching boys/girls catechism
- Band clubs' secretary
- Football clubs' secretary

Health Network:

- 3 Hamrun Community Clinics (HCC)
- School Medical Services

Need Assessment:

- Living Healthy Tool (LHT)
- Map Health Assets

Implemented activities:

- Summer School programme
- Supermarket nutrition education
- Diverse Activity in Hamrun
- School Play
- Family fest - health education was offered and we did health checks



[Read More on our website](#)

Next steps:

- We'll try and do a focus group with the non-Maltese residents
- Carry more health outreaches at supermarket
- Carry lifestyle programme with children and parents to target childhood obesity as part of another action
- Do physical activity sessions as part of another action
- Working on evaluation of activities undertaken
- Continue working with politicians and stakeholders for sustainable solutions



Opportunities

A large number of locals and disseminated information about the project

[Read More on our website](#)



Barriers and Opportunities

Barriers

- Core group meetings are sometimes difficult to coordinate.
- Political commitment is quite difficult.
- Human resources to carry tasks and activities are limited.
- To find adequate time to carry programmes with parents and children.